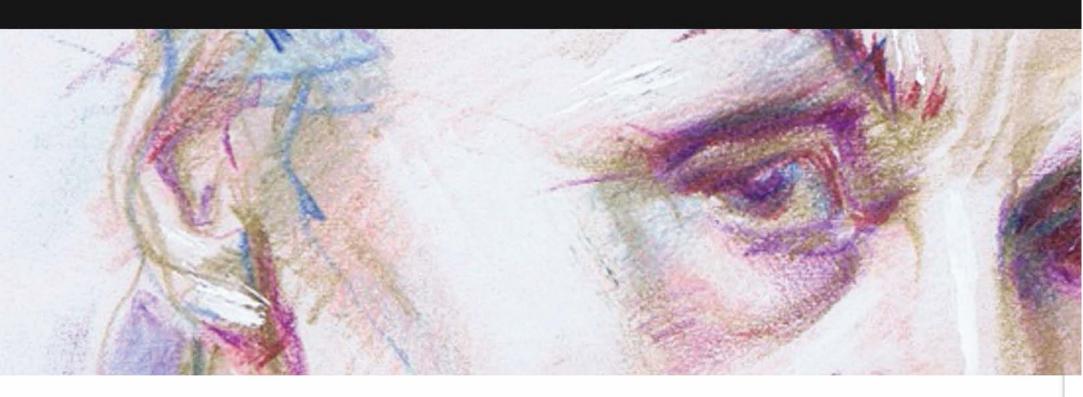


## ENVISIONING FASHION'S INVISIBLE WOMAN



This research sketchbook explores the relationship between age and fashion through the medium of fashion drawing and illustration. Working from life with a septuagenarian muse, insights into issues of visibility, inclusion and fashionability were revealed through drawing and conversation. The sketchbook documents a collection of creative and critical research work.

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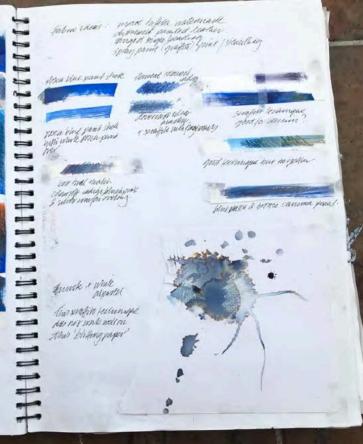
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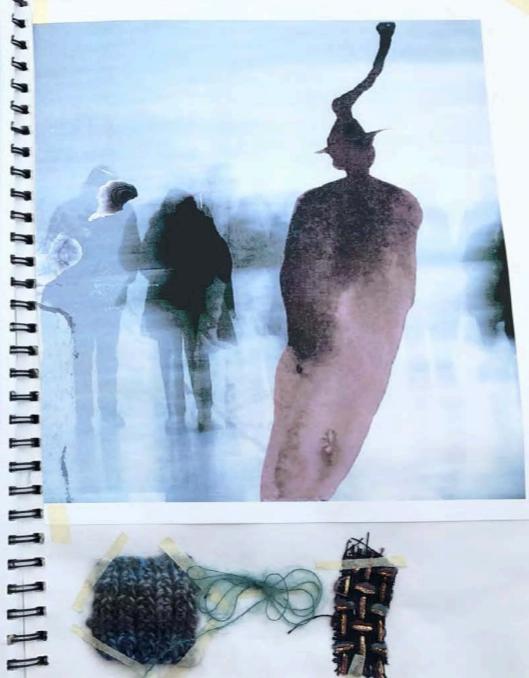






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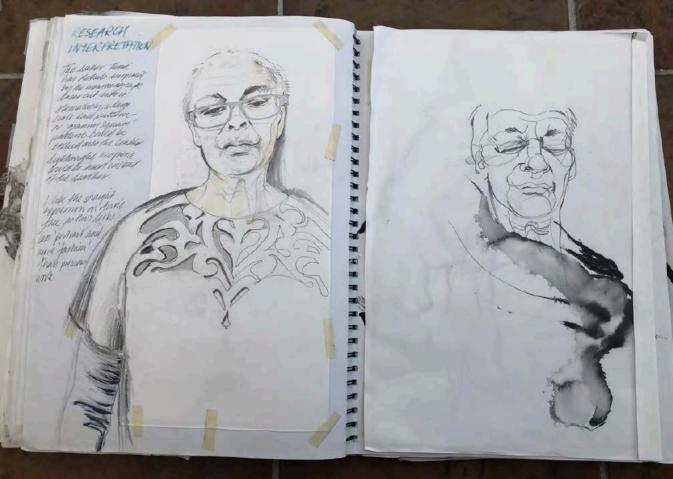
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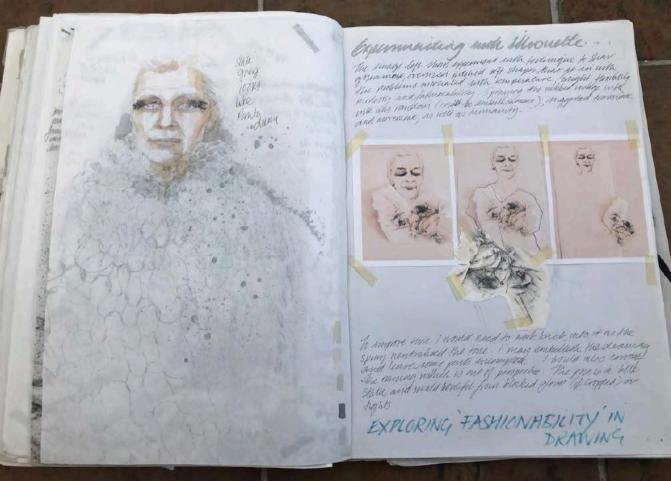
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# **APPENDICES**

Notes on conversation with the muse

Extracts of student generated qualitative data from:
lecture feedback
presentations
questionnaires

#### NOTE ON ANN'S DISCUSSION

She reinforced that she loves clothes, dressing up and shopping to refresh her look, but agreed that she didn't follow fashion (although she still reads Vogue in the supermarket). We discussed the differences between style and fashion, and how the title would need to include 'style' rather than fashion moving forward. The fact that some drivers of fashion - display and sexual attraction, we agreed, were less important for the older consumer, but that other drivers such as status and influence, knowledge, protection/comfort and hierarchy were more important to the older demographic - particularly as one became increasingly marginalised by age.

Ann felt that age was younger than before and that 70 was the new 60. However, she believes that she is not a typical 72 year old. I agreed and explained why I felt this was important for my research and showed her the life-cycle of a trend. We felt she fell in between the early adopters (for her demographic) and the early majority (fashion) section of the bell curve diagram.'(Rogers, Diffusion of Innovation, 2003). We agreed that we would need someone like her to be the test subject/flag bearer for the project, but would benefit from taking a broader view moving forward beyond this project.

At this point my ideas started to emerge about using a grey-based palette and its positive connotations

such as wisdom. I felt that my optical mixing to create greys would sit well with the techniques I had used to create her skin, and traditionally old woman's fabrics, such as tweed, that I wanted to make more contemporary. (I started to think o slogans - 'silvers' are the new gold - 'when you're old you're gold'do I need a slogan?).

Ann had noticed that people like Helen Mirren were now being used as 'the face' for mainstream brands, such as L'Oreal, rather than just for age-appropriate labels.

Turning the conversation to the Selfie project, Ann was worried that she hadn't done enough or what would be helpful, until I explained that it was the process and how it changed perception that was important, not the quality of the photos. She found the process frustrating from a technology perspective (she was using a tablet and obscured some of the visual information). She didn't enjoy it but wanted to help so did it, although it felt 'alien' to her, as she doesn't even like having her photograph taken. Despite the fun in 'dressing up' and curating her look for the outside world, Ann doesn't like clothes that had to be constantly rearranged and adjusted. Once they were on, she didn't want to think about how she looked. She felt this was behind her quest for simplicity and preference for non-fitted clothing.

Ann reiterated her approach to curating her 'look' as exactly the same as how she paints: bringing together different elements, layering and adjusting. She regularly alters clothes to fit in a slightly different way, or will tuck an oversized tunic at the neck with a brooch so it hangs differently. She confessed to 'pinching' a fashion hack from me of cutting the toes off coloured opaque tights to create footless tights that didn't get dragged down in her boots. She found this 'liberating'. Some of her photos were of outfits hanging on the wardrobe with shoes placed underneath, so she is viewing them as an observer rather than on herself as a wearer. Photos of her wearing the clothes were in her opinion 'less successful' as they were partially obliterated by the tablet, and she found this more difficult to be objective. She did enjoy the dressing up in hats (fun ones and 'real' ones) and scarves with an unmade up face. This playfulness is one of her most endearing qualities, and gives her elegant look an element of wit that is unusual in the older fashion consumer. As an artist she found it interesting to see how she aged over the duration for the process and put this down to the stresses of project managing a house conversion, and personal challenges relating to friends' health issues. As an observer I couldn't see the subtle changes she referred to but, like most women, I accept that she knew her own face in microscopic detail. She was, however, unfazed by these physical changes, etc., and found them objectively interesting. I related well to this having tracked my ageing through how the super-powered bathroom hand dryers push the skin on the backs of my hands further up towards my wrists each year! It's fascinating, and morbidly satisfying to watch. We laughed a lot!

When trying the outfits on Ann looks at how things fit and relate in proportion, chopping bits from hems and tucking to fit where necessary to create her look. She layers up different fabrics and shapes, like layers of paint, to reveal, distract from and disguise her shape. Her favourite part of herself was always her collar bone and she continues to reveal this in a subtle way even as she ages. She has very good trapezius muscles due to gentle daily press-ups prescribed by a physiotherapist. She rarely wears a tailored collar, choosing instead necklines that flatter her. She is happy to leave her neck uncovered, unlike most older women, but will distract from it with a bold necklace, or sometimes a scarf. Ann seems to have slightly narrow shoulders, but this could be due to a forward movement, or change in posture. This is 'played up to' with big wraps and chunky scarves in a very attractive way in her winter wardrobe. Again, this is done instinctively and the juxtaposition is playful and stylish.

She notices how the fabric connects with the body as she wears it and chooses skimming, rather than tailored styles. She uses instinctively an

Oriental approach to design, favoured by designers such as Issey Miyake who experiments with the space between the body and the cloth. Although we didn't discuss this, I have observed that she likes rawness and personalisation, and doesn't mind it if it's noticeable - a wabi-sabi approach, perhaps – and this informed the aesthetic of the design work. Hems are sometimes left raw, garments are tucked to fit. The overall effect is very creative. From a personal perspective, this tuck to fit approach could be incorporated into some garments to help women whose body shapes are different to create their own looks.

At this point, as with all friendship collaborations we digressed to consider the next female PM of the country and on the challenges of being a woman in politics, on the unfairness of being judged on how she looks - and then ironically agreed that Theresa May's leopardskin kitten heels were vote makers (or breakers).

Ann is currently packing up her wardrobe to move house, and has several trunks full of clothes she needs rid of. That's not to say she doesn't still wear her key pieces from decades ago - she is still wearing her 'Jean Muirs and Jasper Conrans', as well as her Jaeger pieces – along with her 'bargains' from the Joseph outlet shop nearby. She continues to construct an oversized and soft layered silhouette that lends itself well to experimental knitwear.

Ann has a refined sense of proportion and will 'hack off' a hem if it's 5mm too long, to make it 'work' for her. She works colour as an expert would, basing her wardrobe around straw coloured neutrals, greys and blacks (she makes sure the black isn't right next to her face). She uses white fine tees under tunics to throw light up onto her face. She feels this, as well as her very short hair, helps to 'lift' her face. In my opinion this works very well. Ann blocks colour - reflecting upon her knitted black dress with a coral band around the hem that she layered over a coral long sleeved tee, we discussed the idea that as women age the focal point moves from the core to the extremities - hems, wrists, neck which she agrees with, although hadn't noticed before. The shapes she uses are usually gently oversized, sometimes cocoon shapes, worn over slim fit leas - tights or jeans of a length that is just above the ankle bone to lighten a look in the summer, of longer onto a boot to lengthen the leg. On being asked about what she thinks of arev, she thinks it classy, and feels she suits pink tints of 'chromatic' grey. She feels as though she wears colours tonally, layering them as she does the shapes.

She likes stripes (for casual dress) and colour blocking and, although she likes prints, tends to feel overwhelmed by them - however, this is an area that I would like to explore further to bring together illustration and garment. Details are usually pared down - no fuss, but she does have a lot of pairs of glasses. I was reminded of when we took Ann to a funeral and, with her oversized sunglasses, cropped silver hair, her structured jacket, flippy skirt and kitten heels – when she was VERY visible that day.

Ann likes to wear natural fabrics such as cotton, wool, silk and linen - and doesn't mind if it creases when worn. She wears a lot of knitted and jersey fabrics as she likes the fabrics to move when she wears them to compensate for reduction in physical movement. She rarely wears a belt or large bold prints due to 'being short'.

While Ann recognises that she is in good physical shape for her age, she also believes that some clothes should not be worn over a certain age e.g. a mini skirt. We discussed the socio-cultural debate of the mini skirt. She firmly believes that dressing too young is ageing, and it doesn't matter if you have great legs.

Ann's husband, Jim, is a diplomat - he never comments on what she is wearing but Ann can feel him thinking 'OMG' sometimes when they are ready to go out to dinner.

Ann doesn't feel that she gets it right all the time and refers to a pair of slim, floral print khaki jeans that needed tweaking before they began to work for her.

When buying something new Ann goes through a ritual of putting it with existing items to create new looks – note that this is the process of range building and visual merchandising that she is doing instinctively. This is probably because as an artist she is trained to observe and interpret what she sees, and her 'look' is simply another project – her version of fashion illustration perhaps.

On asking whether her approach might be formulated and rolled out to help others, she feels as though style can't be taught (include here a link to student feedback that the industry needs to show women how to dress and inspire them). She also feels that it brings her joy in her life and if she lost interest in socialising and fashion 'she would die' (and she meant that literally), as it made her feel alive. This suggests potential impact beyond the fashion industry in areas such as wellbeing.

On revisiting the discussion on the sexual attraction element of fashion, she thought that she has retained her identity and the need to dress up, as she doesn't have grandchildren to distract her, although I argued that it is more about her personality than her circumstances, and she agreed with that. We discussed the differences between

sexual fashion and sensual fashion, and agreed that it probably lay in the quality of the clothes and how they made one feel, as well as how they felt on the body, which was important to her.

She didn't take many selfies as she felt they were becoming repetitive, which I suggested could be that she was dressing to her style (that she didn't think she had until now). She acknowledged that layering was 'her thing'.

Overall this was a successful project, although there were not many photographs retained, as it gave me an insight to how Ann constructed her look, and how accepting she was of what she perceived as her short-comings.

This section holds feedback from a presentation of my 'diversity' research to Fashion Communication's class of 2016's 2<sup>nd</sup> Year DE1162's Diversity Now project. Only useful or relevant comments from the 15 feedback sheets have been included here. All responses were anonymous, and questions set by their module tutors.

### Q1. What was the most intriguing/interesting that you heard or saw?

- o The use of food as inspiration for a garment. The point about longer arms due to slouching. That a woman with hairy underarms is seemingly more shocking than bound feet.
- I liked the relationship between the muse and the artist. You can see that Ann really looked up to and respected the people she drew.
- Models chosen with western features something that's true but I hadn't noticed.
- I loved the point made about how Muse 2 wanted the clothes to move for her now she can't move as well as she used to. I also loved seeing the various styles that were tried based on a singular muse.
- o About how put down older women are.
- o It was horrible to read the letter at the end about how lowly old people think we perceive them from a fashion perspective. It also intrigued me about the super skinny boring fashion model illustrations as I did a year of fashion marketing and hated the way we had to draw models so long and thin.
- o That you was (sic) friends with your muse. I often think I will get more out of something or someone if you don't know them.
- That older women think they are invisible. The salad stains used to represent clothes.
- How older women think/how they are represented differently when illustrate (sic).
- The letter at the end. Loved the drawings! Particularly with more personality!
- The input the muses gave Anne-Marie about her work, that they sometimes felt concerned about the way she represented them negatively and positively.
- That older women have certain features which relate to their age/personality. E.g. tree-like neck representing knowledge and wisdom.
- The importance of connection the person, the idea and the fashion.
- o That when women get to a certain age they feel they lose a sense of their personality or personal style? \*Why do women when men don't? There are men in their 20s & 30s that wear the old style suits/young women don't dress like old women!

o The beetroot/boiled egg story! Your muses (sic) personality really came through in the illustrations.

## Q2 What do you feel you can pull from the presentation for your project?

- Capturing the personality of an older woman. Movement and mobility makes people seem younger.
- o I feel like I need to be inspired by the person I choose and create a look that really shows off there (sic) personality.
- The way to connect to the 'muse' or subject. The presentation has helped me when realising that I don't have to use usual techniques if it doesn't fit you can change it.
- My project is going to be based on personal style. I took from this presentation that I will get the best results from comfort. I have decided that my interviews should be done in advance so I can get to know them, there (sic) style and what they believe well before I come to the photoshoots. I also want to now explore more types of media and see how I can combine them.
- Need more realistic images in fashion. Important to get lots of qualitative data.
- Before your presentation I was strongly considering doing it about LGBTQ but your presentation actually inspired me into researching into something I before felt irrelevant and boring.
- Questions that you mentioned such as why do we try to change how we look? – what is seen as socially acceptable?
- Use of camera angles and colour can help emphasise age in an electric/vibrant way.
- How to choose the correct model, use someone/a topic that creates a connection.
- Keeping the muse comfortable asking them to write a letter and think about the diversity issue themselves!
- The idea of how technique/viewpoints etc. can affect the age/(unknown word)/personality of the muse.
- That with fashion/photography/illustrations you have to constantly develop your idea until it is perfect. You changed and played around with your ideas and illustrations before your final outcome.
- How to use illustration to present the person as well as the idea.
- Age is about perception not all that ages you is physical. Is this why the older women we admire (Meryl Streep) (Helen Mirren) are active and have big personalities (sic).
- Styling! Being aware of experimenting and thinking outside the box, but also keeping said person comfortable.

Q3 How has it made you consider the issue of aging differently?

- Usually older women are only photographed to demonstrate extragaganse (sic). However, showing 'normal' older women is showing how ageing can be stylish without looking crazy!
- o I think the notion of growing older to be to do so gracefully this has definitely made me consider this.
- It has made me feel as though you don't have to step down and become low key just because you have aged and imperfections don't have to be flaws.
- o I hadn't realised just how much older women wanted to be noticed. The only older woman in my life is my granny and she is the opposite (sic). I hadn't really thought about older people as a group more just as the individual I know.
- o Elderly women are still interested in fashion. However there isn't really a market out there for them.
- I never really took into consideration that old people felt left out and offended by not being included I just assumed they had lost interest that's why they aren't especially advertised towards.
- Everyone ages differently, some not at all? Maybe physically but not internally.
- Everyone has different views on the older generation and how they are portrayed.
- I think you don't consider hW 'invisible' the older generation are
   it's sad that I had barely given it a second thought.
- What we think makes us old ie wrinkles, grey hair, not always what do and it show more in character and posture (sic)
- o Fashion within older people can be just as playful (if not more) than with more youthful (sic) models/women.
- o It's made me reconsider how I view older women and their style.
- Don't be scared to approach age/take their experience stories and personality to make an engaging photoshoot!
- It has opend my eyes to the way I view the older generation.
   Age is just a number!

### Q4 Are there any points you strongly agree with and why?

- o That older women dressing provocatively is shocking. Agree that this evolutionary to aid reproduction. By making younger fertile women more sexually desirable, this makes males not consider older women as potential mates (sic).
- Agree that age is seen to have an expiry date when it shouldn't.
   You expire when you pass away and until then you should be seen as fresh.
- I strongly agree with using groups of people, subcultures and communities that either get ignored or who are seen in a negative sense.
- o Women should dress up and feel good whatever age they are.
- Getting to know the muses doing it over time not rushed during Independent Study week!

- o That we should explore the reasoning behind why we expect a certain women of age to look a certain way. This should not nesceccarily (sic) be.
- The over 55 year old category is the most unrepresented in the fashion industry. Beauty has become an addiction of constant negative attitude eg body hair.
- o It's important to view the beauty and style of older women as well as younger.
- Use of colour! The mention of the purple poem using literary reference as the basis for my 'story'.
- Think outside the box when it comes to muses/models/interviewees. Keep an open mind on 'reality'.

### Q5 Are there any points you strongly disagree with, and why?

- o Only that I do not class women in their 60s as 'old' therefore if I wanted to capture an old women, not an 'older' woman I would look for somebody between 70-90. I think 'old' and 'older' are very different but also subjective.
- o If it isn't beautiful, it doesn't sell because some thing are so the opposite of beautiful its capturing and things that capture your eye often sell. (sic).
- No really, although I did love the muse used it might have been nice to see other people of the same generation, possibly men?
- No (smiley face)
- The(sic) we can change the view of 'typical' fashion templates for designs. We should change this for the future. Thank you it was a really interesting talk. R.
- I feel some older women judge more youthful women due to envy. I feel more communication needs to be done between younger and older generations.

### **Topic Question:**

- My emotional Response to age following Ann Marie's Lecture on 'The Invisible Woman'.

I find age a funny topic to speak about, my misconceptions of age begin with my mum and dad who are both older than they look, this means that I have struggled to estimate age with the question of, 'how old do I look?', making me dread the reaction to my shot in the dark of an answer. My mum is 10 years younger than my dad, as I am 10 years younger than my girlfriend, this means I struggle to know what my emotional response really is to the topic, I think that it depends what aspect of age I am evaluating.

If it is a question of what does age mean to me? Then I would have to say not a lot, on paper relationships I am surrounded by wouldn't be seen as conventionally able to work, and yet they are doing exactly that and working as well as your 'average' partnership. When contemplating age, apart from anomalies like moving to certain countries or not being able to compete at certain levels of sport, how it can limit you as you get older is entirely up to you as a person.

It is proven that people defy expectations of age constantly, with programs like Britain's got talented shocking the nation with dancing grandmas and 80 year old body builders. Moments like this make me feel proud of age; I wonder how the subject feels to rebel against the social constraints other believe should be in place for people who are so 'vulnerable' to harm, and I begin to believe that I can't grow older without doing the same myself. This moves me to how I feel when I see the effect age can have on people. Age is cruel and inevitable; it strips people of their pride and at times of their happiness. We become more prone to disease and to injury, we lose control of our bodies internally as well as their physical appearance, and this is the angle of age which strikes fear in my heart.

This is why my emotional response to Ann Marie's lecture on the invisible woman was that of such a positive one. To see an older woman represented in such an authentic and elegant way was something which had a very significant impact on my views of getting older. I believe that Ann was able to capture the signs of aging, which more than often are seen as flaws and portray them the way they should be seen, as a sign of beauty in the older woman. I was very driven by the way Ann demonstrated her progression of research in her sketch book, and as for the real thing is was simply something intriguing and beautiful to be able to look through as a student who working on such an intricate topic. The research we were shown has proven that it is not a simple procedure, to explore a live muse, you may at times offend your subject when your outcomes aren't what they see as flattering even at times offending the muse with no intensions of doing so, however it may also be most rewarding.

I can't thank Ann Marie enough for allowing us to observe her intricate, striking work. Her techniques have inspired me to be broader with my research, to open up my imagination, I am aware that the same techniques don't work for every style of research. If I am facing something that doesn't look right to me, I know not to lose heart, as I am simply broadening my research and skills in the art form, but also to explore and to change things up as the outcome, although not what I originally envisaged, could lead me to something even more exciting. I honestly believe my unit of work will be positively impacted by the presentation, as I really do feel I connected with it on an emotional level (not trying to be too dramatic) it has motivated me to research further and to not give up when something becomes a challenge, but rather to embrace it and face it head on.

Thank you Ann Marie for a truly inspiring morning, (Student name provided, but removed)